



SEEDS OF SERVICE



VOL. XXXIII, Issue 2
Spring 2019

YESTERDAY'S WORLD – OUR LEGACIES BEGIN

Seeds of Service

The WPA Area 60 newsletter is published quarterly by the Area Committee. It is for AA members only. The opinions expressed are those of the contributors and not necessarily that of the Area Committee or Alcoholics Anonymous as a whole.

We hope *Seeds of Service* will be a useful reference for GSR reports.

Distribution

Paper copies are distributed to DCMS at each quarterly meeting for redistribution to AA groups through their GSRs. A PDF copy of the newsletter is available at www.wpaarea60.org. It can also be sent electronically to DCMS and GSRs, if the Area Registrar has a correct email address.

Write for SoS

The 2019 theme for the General Service Conference is "Our Big Book - 80 years, 71 Languages"

Summer 2019 (deadline 6/4)

"Today's World - Demonstrating Integrity, Anonymity, and Service"

Fall 2019 (deadline 9/20)

"Tomorrow's World - Courage to be Vigilant"

Winter 2020 (deadline 11/20)

TBD

Spring 2020 (deadline 1/4)

TBD

Submission Guidelines

Suggested text length is 150 to 300 words. Artwork should be b&w, less than half a page (3"x5"), and 300 dpi. Material should be generally relevant to the theme, and may be edited for clarity and length. All material submitted on time is reviewed, selected by topic, and may appear, based on available space. The newsletter does not publish song lyrics, tributes to individuals, prayers, plays, or anything unrelated to AA or that violates the principles of AA.

Please include your first name and last initial, district, and home group.

Submissions may be emailed to:

newsletter@wpaarea60.org

Three Legacies Check-In

Chad U, Area 60 Newsletter Editor

Did you know that we can use the AA Circle & Triangle Logo as a yardstick for upholding our Three Legacies of AA?

When I'm feeling a little "off" or spiritually unfit, I like to check myself with the question: *Am I proportionally involved in each of the three sides of the circle & triangle?*



- Where am I specifically in my program of **RECOVERY** (working Steps)?
- Where am I in **UNITY** (Fellowship), which is interacting with other AAs (working Traditions)?
- Where am I in **SERVICE**, which is giving back and contributing, inside or outside of AA (working Concepts)?

The answer to this question usually shows me the areas where I could put in more action to become happy, joyous, and free.

LEGACY	RECOVERY	UNITY	SERVICE
Principles	12 Steps	12 Traditions	12 Concepts
Actions	Stepwork	Meetings (Fellowship)	Service at Group, District, or Area
Self	Mind	Body	Spirit
Spiritual Malady Component	Mental Obsession	Physical Craving	Restless, Irritable, Discontent
If participation in this aspect is lacking, maybe...	Get a sponsor. Do an inventory or share one with someone. Make an amend.	Go to a meeting. Join and be active in a home group. Go to an AA social function.	Get a sponsee. Step up for a service position. Help someone anonymously.



To read Bill W's essays on "The Three Legacies of Alcoholics Anonymous," see [AA Comes of Age!](#)

Group History

[Provided by the Archivist; transcribed by the Editor.]

Here is a group history of the oldest active group in the area that our Area 60 Archivist could locate. It was recorded February 9, 1983, handwritten in essay style, before the group history forms were devised.

A Short History of the New Castle Sunday Night Group of AA

The group was started in January 1942 by Ed A.

The first meeting was held at the YMCA. Over the years, the group moved to the Castleton Hotel, to Sally's Diner basement, to the American Legion, and finally to the Northminster UP Church where it now meets.

The chairman and speaker for the first meeting was Ed A.

John H and Harry H were among the first active members of the group.

Over the years, the only unpleasant occurrences were when a couple of treasurers left town with the group's money.

For many years, the anniversary banquet was held at the Scottish Rite Cathedral and was attended by approx[imately] 500 people. We now hold the banquet at the church where we meet. Here we are limited to 250.

Our average attendance is 65-70.



Have you looked in the Area Archives for your home group's history?

Use the fillable-PDF form on the Area 60 website to update it... or **write one** if your group doesn't have one.

https://www.wpaarea60.org/docs/forms/archives_group-history-form.pdf

Ready to Launch!

Bob S, Area 23 (Richmond, IN)

In early sobriety, I believed that praying the Third Step Prayer several times every day, plus daily AA meetings, would bring to an end my terrifying obsession for booze. Months passed waiting for results, but no soap. Discussing my emotions and living problems brought about much appreciated emotional relief, plus short periods of an "AA honeymoon." However, this relief did not provide the permanent spiritual awakening needed to relieve that *bondage of self* mentioned in the Third Step Prayer. I was still living in a fearful dread of drinking. What to do?

A new sponsor provided the Big Book answer. He pointed out that Step Three was only a beginning (p. 63); that I needed to *launch out* at once into the rest of the Twelve Steps. Further study revealed that I was to begin Step Four *at once* (p. 64), Step Five at *first opportunity*, Step Six *then* (not later—p. 76), Step Seven *when ready* (p. 76), the Eight Step information was already available (p. 76), and Step Nine was to begin *now* (p.76). This read-and-do from the Big Book process was complete in a week—**launch out, indeed!** Steps Ten, Eleven, and Twelve loomed directly ahead.

I hoped the obsession would magically disappear, but alas, still no soap! However, I had made a beginning, and could now apply what I had learned into my daily living. It was explained that the last three Steps were simply a redoing of the first nine Steps. Although it only took a week to learn, this process is a recipe for the rest of my life. It was not simply to add to my knowledge: it was something that I must do for a lifetime if I want to live to be happy, joyous and free.

I will forever be thankful that my sponsor didn't let me dwell on whether it was time to launch out on the rest of the steps after praying the Third Step Prayer. How easily a delay would have allowed me to change my mind, or perhaps decide what to expose or keep in. Of course, what I have learned to do in the first nine steps are used in Steps Ten, Eleven, and Twelve, but there again they are to be used **at once, immediately, and quickly** as stated in Step Ten's directions (p. 84).

**(Well, making amends might take
a little timely consideration!)**

Love at First Meeting

Lamont B, SCI Greene, The Last Stop

I entered the Pennsylvania prison system thirty-two years ago. I knew then that I had to change my life. My alcoholism was not only destroying me, but I used it as an excuse to destroy the lives of others regardless of who they were: family, friends, neighbors – it didn't matter. However, I really didn't know where to turn or in what direction. All I knew was that I had to correct my behavior and thinking. I felt alone.

This guy invited me to the AA meetings that were being held inside the prison. Heck, I didn't even know that AA had reached there. I remember attending my first meeting. To my surprise, it was full of some of the most hardened criminals society had to offer, none of who I knew personally. (I don't even think that they knew each other personally!)

Yet, something was different.

These guys were welcoming each other, shaking each others' hands, and hugging. Then as the meeting started, these guys started spilling the beans on themselves. They were sharing experiences that brought them to prison through abusing alcohol, and sharing strengths and hopes, one after another. As I sat there and listened to these men, I realized that the same dog that bit them had also bit me. We all had the same thing in common: we were all powerless over alcohol, and that our lives had become unmanageable. It was love at first meeting for me.

I didn't share at my first meeting. But I knew that I had to be a part of this: it was going to let me talk, and they were going to listen. Man... those people don't know what they did: I haven't stopped talking yet!

In the thirty-two years I've been living in recovery, I haven't intentionally missed one meeting. I've been working my Steps and following the Traditions. Today, I understand that our common welfare should come first, and that personal recovery depends upon AA unity. Thus, I've come to learn that millions of alcoholics all over the world attend the same kind of meetings as I do. AA isn't just for people who've committed crimes: there are all kinds of professional people attending AA – people like doctors, lawyers, politicians, school teachers, housewives, and college students. People who speak different languages, and have different religious beliefs, all attending AA meetings. And nothing has ever been asked of us, except that we have the desire to stop drinking.

All of us are different, but the hand of AA is always extended to us at each meeting. AA only wants for me what it wants for all alcoholics: to get well, and live a life through God as we understand him!

I have attended many AA meetings, and I am so thankful that I did. I learned that AAs are not altruistic do-gooders – members of AA appreciate that their own sobriety is largely dependent on continuing contact with other alcoholics. Our eagerness and willingness to help other alcoholics may be termed "enlightened self-interest"!

I am happy to announce that I have finally received support from the Department of Corrections to be released on parole. That's a step closer to going home to my family. AA meetings have helped me to understand that I am not alone in recovery, and that as long as I remain teachable, I will be successful in AA. I hope to see you in either my home group meetings or yours.



Just remember...I am the one with the big old smile who loves to talk.

ALCOHOLICS ANONYMOUS

2014 MEMBERSHIP SURVEY



This is A.A. General Service Conference-approved literature.

Diversity in the Rooms of AA

Abridged from a presentation given at NERAASA 2019

by Area 60 Alternate PCP/PI Coordinator Ed S

Is AA as diverse as it should be? Maybe at face value it is, yet to me, it certainly is not. Why don't I see more African-Americans (like me) in meetings?

While my own experience is of being African American, this holds true for all minorities in the Fellowship of AA, be they Hispanic, Native American, Asian, Pacific Islanders, LGBTQ, or "other."

Let us look at the composition of AA membership found in the *Alcoholics Anonymous 2014 Membership Survey* (P-48), which is updated roughly every four years.

It can be found here: https://www.aa.org/assets/en_US/p-48_membershipsurvey.pdf

Comparing AA's numbers to the 2013-2017 US Census estimates, we see this:

Ethnicity	AA 2014 Membership Survey	2013-2017 US Census Estimates
White	89%	76%
Hispanic	3%	18%
Black	4%	14%
Native American	1%	2%
Asian	1%	6%
Other	2%	5%

US Census figures derived from
"Race alone or in combination with one or more other races"
and "HISPANIC OR LATINO AND RACE" at
https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?pid=ACS_17_5YR_CP05&prodType=table

In Westmoreland County, we only get a few black people that attend meetings for a short time, and have few with long-term sobriety. Other than myself, there are only two other people of color (one black, one Latina) with any long-term sobriety.

So, why don't minorities come to our current AA meetings?

I can honestly tell you, if I was not ordered by the courts, rehab, or some type of intervention, I would not be here. I feel secure in saying that most minorities feel the same concerning any means of recovery.

Just as a reminder, Joe McQ (of the famous "Joe and Charlie tapes") was black, which meant he had to stand in the back of the room of Arkansas meetings and wasn't allowed to share. Yet he had to get sober or die. So, he did what he had to, and all of the fellowship has benefited.

Closer to home, here's two quick stories of the experiences of people of color in District 23, whose names have been changed to protect their anonymity. Other than talking with me, Bill seems to be totally invisible to all other members at meetings. And Mary asked a lady to be her sponsor, but never called her; when I spoke to the lady Mary asked, she felt she could've done more by calling Mary, but never did. How much more is this happening in Area 60 (and in AA as a whole) that we don't know about?

This is the big question, the elephant in the room: "What can AA – members, groups, districts, areas, and GSO – do to reach out to minority communities?"

The answer to this question is the same as how Bill W and Doctor Bob did it. The problem is not with Alcoholics Anonymous, not the Big Book, and not with the program of recovery outlined in the first 164 pages. Everyone, regardless of race, can achieve long-term sobriety. This problem is within the *Fellowship* of AA.

First, **we must go where the minorities are.** Have you ever thought of providing AA literature or starting a meeting in a minority neighborhood – the churches, community centers, neighborhoods, stores, and the housing plan community (I mean "the projects")? Sadly, from my experience, the answer is a resounding "No"!

Second, **ask ourselves if we hesitate in carrying the message to minorities.** Do we talk to the black, Hispanic, and/or gay hopeless alcoholics who wander into our meetings looking for help, or do we ignore them? Or are we afraid? Are we going to let fear hold us all back from reaching out to minority communities?

My heart says "**NO!**" If we've identified and written down our fears in our 4th Step, worked through them, and continue to practice spiritual principles in all our affairs, the Big Book says about our 12th Step work:

"Your job now is to be at the place where you may be of maximum helpfulness to others, so never hesitate to go anywhere if you can be helpful. You should not hesitate to visit the most sordid spot on earth on such an errand. Keep on the firing line of life with these motives and God will keep you unharmed."

Do we believe our Higher Power will keep us safe? Or is this an instance when we don't trust God?

We should not let fear hold us back any longer!

Origin of the Ask-It-Basket

When the 2nd General Service Conference was preparing for a Question & Answer Session, Dennis Manders, GSO's nonalcoholic bookkeeper at the time, was sent out to find a "box with a slit in the top."

Dennis, who would eventually serve as GSO controller for many years, came back with a fishing creel he had spied in the window of Abercrombie & Fitch.

Thus, it became known as the "Ask-It-Basket" and was used at many future Conferences.

– 2010 Final Report of the 60th General Service Conference, p. 19



Send your questions to our **Virtual Ask-It Basket** at newsletter@wpaarea60.org or from the Area 60 website Newsletter page at <https://www.wpaarea60.org/newsletters/>.

VBBSE Survey Results: Meeting Formats

Chad U, Area 60 Newsletter Editor

There are currently 829 AA groups registered in western PA. Of those, 71 are formal Big Book Study groups, and there are an unknown number of informal ones. Last issue, we put out a *Varieties of Big Book Study Experience Survey*, and 32 groups participated (both formal and informal). What a great response!

We've assembled the data for the first part of the survey (*Meeting Format*) and included some of the highlights below in chart form. A full set of the charts and comments on format (*VBBSE Survey 2019 Results Charts.pdf*) can be found on the Newsletter page of the Area 60 website at

<https://www.wpaarea60.org/docs/newsletters/VBBSE%20Survey%202019%20Results%20Charts.pdf>

From the answers we received, we can paint a picture of what the "average" Big Book Study meeting format looks like (benchmark, 14-16 respondents):

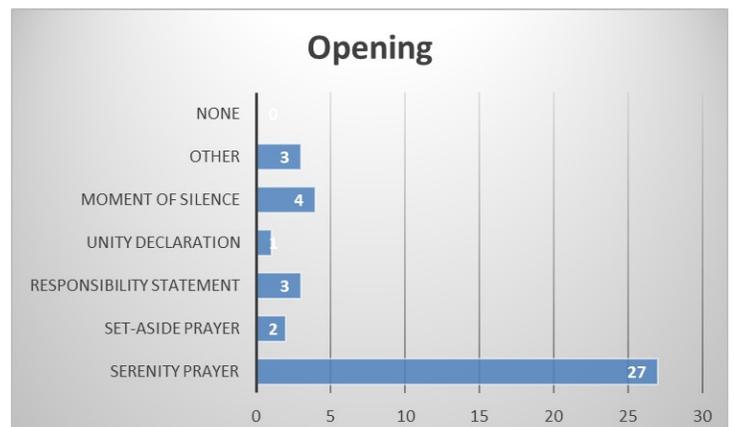
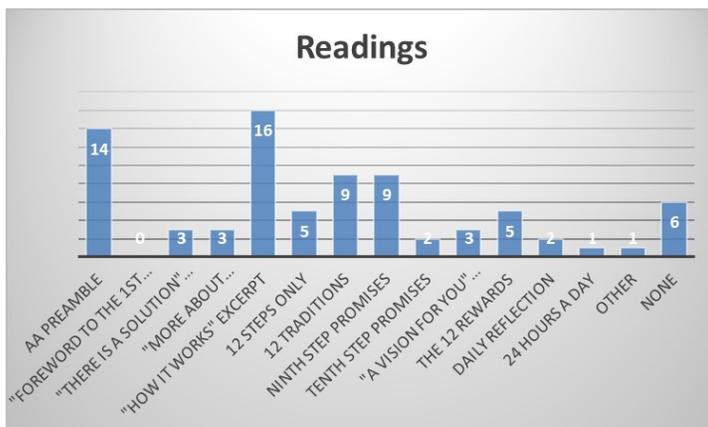
- **Open** with the Serenity Prayer.
- **Readings** include the AA Preamble and "How It Works" excerpt.
- **Reports** include Secretary, GSR, and Grapevine Representative.
 - (It's about a 50-50 shot if readings and reports are mixed together, or all the readings are done first, then the reports).
- The **content** of the Big Book studied starts with the Preface, then the Forewords, the Doctor's Opinion, and the first 164 pages.
 - This is **read** a paragraph or two at a time (31%), going around the room one person at a time (71%!).
- There are probably no other study **resources** outside of the Big Book itself and the people in the room.
- People normally **share** only once per meeting (50%), unless the meeting is small.
- **Close** with the Our Father/Lord's Prayer.

That's what a typical western PA Big Book study looks like. But the real interesting things are all the comments in the Other section – that's where the variations start to happen, and new ideas spring forth.

Have you tried opening with the *Set-Aside Prayer*? Does your group have a *schedule* of what is to be read each week? Most groups always read "Bill's Story," but only a few groups read our other co-founder's story ("*Doctor Bob's Nightmare*")... Why? Should we share *after each section read*, or save it all up to *share at the end*? Is it a good idea to have a *Big Book dictionary* available for words some may not know the meanings of, or a *Big Book index* for when we're trying to find where a word is mentioned? What about closing with the *Responsibility Statement*?

If your group is a Big Book study, why not talk about how you study the work? You could even create your own informal meeting, trying out a new format for a new experience, in your own living room. Let us know how either of those goes!

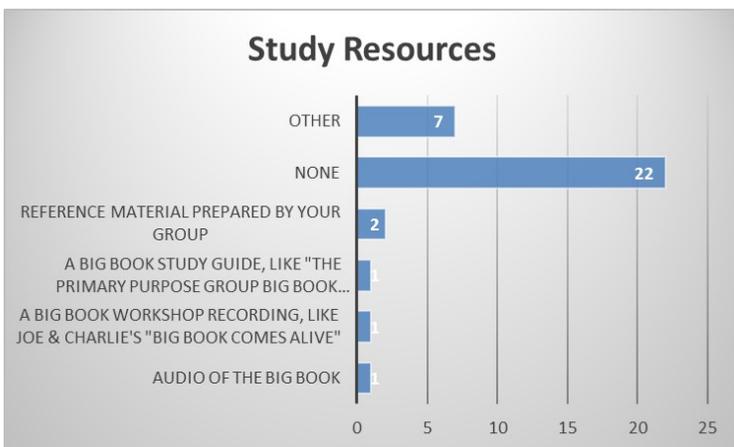
Next issue, we'll put together the other part of the survey (Group Demographics) in a similar way.



Content

[“Doctor Bob’s Nightmare” showed up by itself as an “Other” category, so I added it to the chart. – Editor]

- Each time we start the book, we discuss anew what to read. We usually do the first 164 and 11 of the stories.
- All the way through the Concepts!
- Open the book at random.
- The readings discussed in the Joe and Charlie tapes. [That would be Joe McQ and Charlie P; google “The Big Book Comes Alive” – Editor]



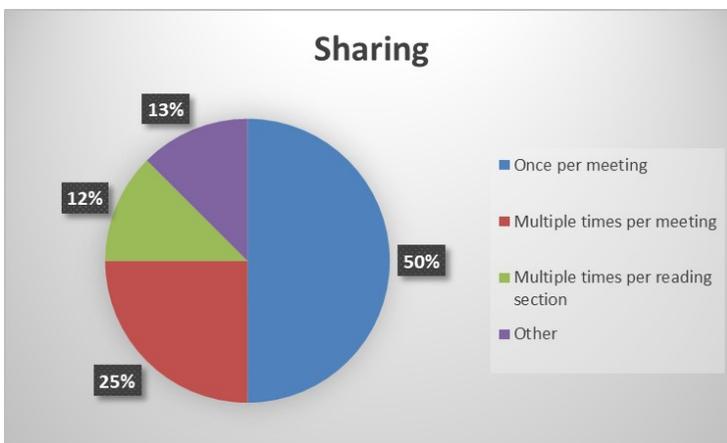
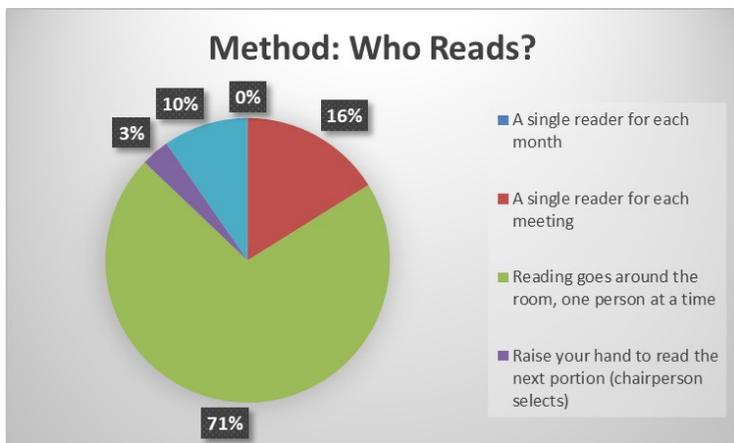
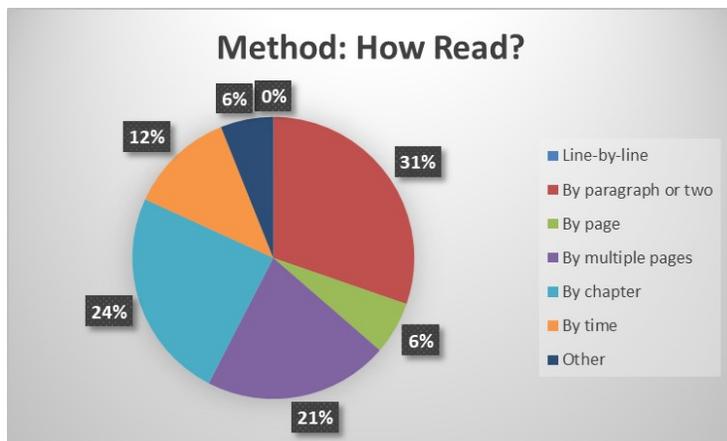
Study Resources

- We do have a Big Book Dictionary on hand if we have questions about words. [That’s likely the “The Little Big Book Dictionary”, by Lyle P. – Editor]
- Schedule of readings sheet [See page 9 in this issue for an example of one! – Editor]
- We listen to an audiobook recording of the Big Book instead of having someone read.

Reading Method (How Read?)

[“By time” showed up by itself as an “Other” category, so I added it to the chart above. – Editor]

- Read first half of meeting; discuss what was read last half of meeting.
- We take turns reading a chapter or two, then we discuss the chapter. We allow people to jump in after someone reads and make a comment (which is not very often), but we mention it in the beginning that if you feel compelled to make a comment between, feel free to do so.
- Read for a half-hour; discuss after.



Why Does an Anonymous Program Need Archives?

Al C, Area 60 Archivist

Carl Sandburg explained **why** very well. He wrote “Whenever a society or civilization perishes, there is a factor present: They forgot where they came from.”

AA co-founder Bill W was aware of the confidentiality difficulties that could face AA’s Archives collections, but he perceived the need for preserving AA’s past, and had the vision to see that historical accuracy and anonymity were not incompatible. Noting in a letter dated 1957 that AA’s past was “still veiled in the deep fog,” he expressed a desire to preserve the Fellowship’s original documents and artifacts. “We are trying to build extensive records that will be of value to future historians... It is important that the factual material be placed in our files in such a way that there can be no substantial distortion.”

Only through the systematic maintenance of our written, permanent historical record can we prevent distortion and remember where we came from.

Historical records help us sift through our day-to-day experience from the past. As we sort out the myth from the facts, we ensure that our original message of recovery, unity, and service remains the same in a changing, growing fellowship that constantly renews itself.

Our Archives maintain records of permanent value, so we can go back and consult the original sources again and again.

Check Area 60 events for our Archives display.



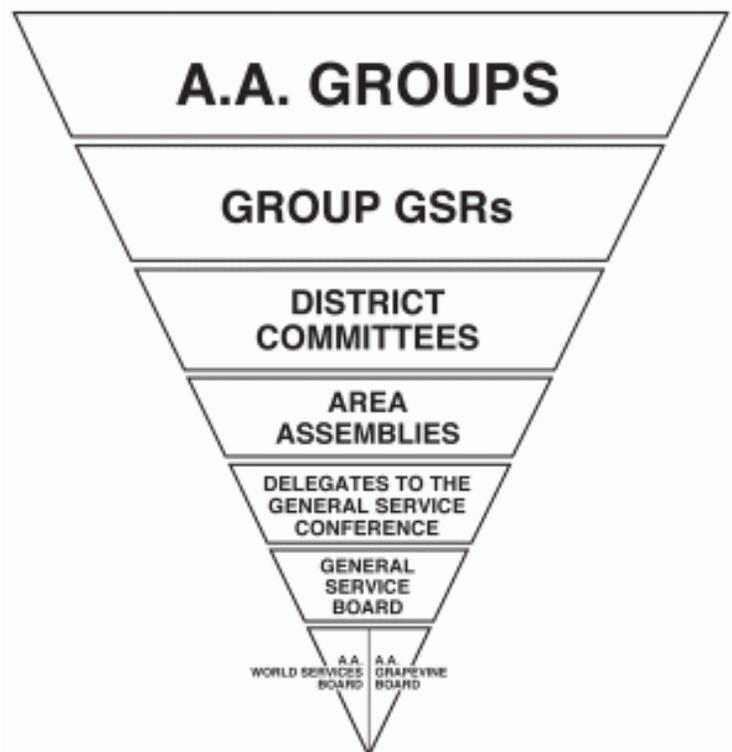
Thinking about Service at the Area Level?

You should!

- Meet new and exciting people!
- Travel to distant lands (in Western PA)!
- Learn the secret Area 60 handshake!
- Discover new ways of carrying our message!
- Get a whole new perspective on AA!
- Help the still-suffering alcoholic *anonymously!*

NB: There’s no secret Area 60 handshake...yet.

STRUCTURE OF THE CONFERENCE (U.S. and Canada)



**The Upside-Down Triangle of Service:
See *How It Works* at PCAW!**



BIG BOOK STUDY GUIDE



SET ASIDE PRAYER

GOD, PLEASE LET ME SET ASIDE EVERYTHING I THINK I KNOW ABOUT SOBRIETY, LIFE, AND YOU SO THAT I MAY BE OPEN TO A NEW EXPERIENCE.

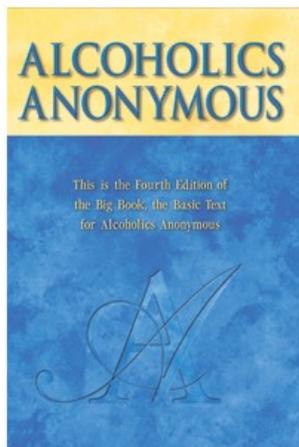
AMEN

Week	Step	Reading	Pages
Week 1	History	Preface & Forewords	BB: P. xi-xxiv
Week 2	1	Dr.'s Opinion	BB: P. xxv-xxxii
Week 3	1	Bill's Story	BB: P. 1 - thru 1st paragraph on p.8
Week 4	1	Bill's Story	BB: P. 2nd paragraph on P.8 thru P.16
Week 5	1	There is a Solution	BB: P. 17 thru the 3rd paragraph on P.22
Week 6	1	There is a Solution	BB: Bottom of P.22 thru top of 25
Week 7	1&2	There is a Solution	BB, 1st Paragraph on P. 25 thru P. 29 & P. 567 & 568
Week 8	1&2	More About Alcoholism	BB: P. 30 thru the 2nd paragraph on P.34
Week 9	1&2	More About Alcoholism	BB: Bottom of P.34 thru the 2nd paragraph on P.38
week 10	1&2	More About Alcoholism	BB: Bottom of P.38 thru P.43
Week 11	2	We Agnostics	BB: P. 44 thru 1st paragraph on P.49
Week 12	2	We Agnostics	BB: 2nd paragraph on P.49 thru 2nd paragraph on P.53
Week 13	2	We Agnostics	BB: 2nd paragraph on P.53 thru 57
Week 14	H.O.W.	How it Works	BB: P. 58 through (a)(b)(c)
Week 15	3	How it Works	BB: (a)(b)(c) on P. 60 thru 3rd paragraph on P.63
Week 16	4	How it Works	BB: Bottom of P.63 thru 2nd paragraph on P.67
Week 17	4	How it Works	BB: Bottom of P.67 thru P.71
Week 18	5, 6 & 7	Into Action	BB: P.72 thru 2nd paragraph on P.76
Week 19	8 & 9	Into Action	BB: 3rd paragraph on P.76 thru 1st paragraph on P.84
Week 20	10 & 11	Into Action	BB: pgs. 2nd paragraph on P.84 thru 88
Week 21	12	Working with Others	BB: P.89 Thru top of P.94
Week 22	12	Working with Others	BB: 1st paragraph on P. 94 thru 2nd paragraph on P.98
Week 23	12	Working with Others	BB: 3rd paragraph on P.98 thru P.103
Week 24	Conclusion	A Vision for You	BB: P.151 thru 2nd paragraph on P.153
Week 25	Conclusion	A Vision for You	BB: 3rd paragraph on P.153 thru 1st paragraph on P.161
Week 26	Conclusion	A Vision for You	BB: 2nd paragraph on P.161 thru P.164
Suggested readings		To Wives	BB: P.104 thru P.121
		The Family Afterwards	BB: P.122 thru P.135
		To Employers	BB P.136 thru P. 150
		Dr. Bob's Nightmare	BB: P. 171 thru P. 181

All "BB" page numbers refer to the Fourth Edition of "Alcoholics Anonymous"

Thanks to Kevin W, who sent this along with his article (see page 10)!

It can also be found in the [VBBSE Survey 2019 Results Charts.pdf](https://www.wpaarea60.org/docs/newsletters/VBBSE%20Survey%202019%20Results%20Charts.pdf) on the Newsletter page of the Area 60 website at <https://www.wpaarea60.org/docs/newsletters/VBBSE%20Survey%202019%20Results%20Charts.pdf>



The Big Book is for Everyone – Especially People Who Hate to Read

Kevin W, District 11, Wednesday Ingram 12 Step Study Group

Speaker meetings help the newcomer identify with their problems with alcohol. Discussion meetings have random topics, which help us to live in the solution. But Big Book (and 12&12) meetings teach us what the solution *is*. The 12&12 **explains** the Steps and Traditions, but the Big Book, *Alcoholics Anonymous*, shows us how to **work** the steps.

I have attended many Big Book meetings over the years, each as different as the next. But they all have one thing in common: they all stay in the solution!

I attend three Big Book meetings, but two are not on any meeting list. Each has a different format. The meeting on the list goes through the Big Book at a snail's pace, reading two paragraphs at a time. I have found many pearls of wisdom attending that meeting: I even end my lead with a paragraph I found at that meeting.

Another meeting is at my sponsor's house or the house of another member of our group. In that meeting, we read either a whole chapter from the beginning of the book, or a story from the back of the book. Many good discussions have come from reading the book in that format.

At my Home Group in Ingram (a Step study), we read out of the 12&12... but after that, we get together and read the Big Book. It is informal and all are invited; usually about 4-8 people attend. We read complete thoughts from a chapter. It takes us through the Preface, Forewords, the Doctor's Opinion, the first 164, and "Doctor Bob's Nightmare" in 30 weeks.

The more I read the Big Book, the more I find and learn about the spiritual solution to this "seemingly hopeless state of mind and body." Big Book meetings are for everyone, especially people like me who hate to read. When I came into the rooms back in 2008 and was told that I had to read 164 pages, I said, "You are out of your mind! That will take me years!" Today, I go through those 164 pages several times a year by myself, and with the wonderful people who also trudge that Road of Happy Destiny.

Thank you for keeping Big Book meetings alive.



December 13, 1940

*from Seeds of Service, Summer 2013,
by Denis M, Archives Coordinator (Panel 63)*

<https://www.wpaarea60.org/docs/newsletters/seeds-of-service-2013-Q3.pdf>

First AA meeting in Pittsburgh was held at the Hotel Henry, Room 152, in downtown Pittsburgh.

Attending: Si H, Howell J, Jake H, Arch K, and Jim K.

Outsiders helping: Attorney David J and Tim O'L.

Meeting place changed to the YMCA on Wood Street in 1941; the first anniversary was held in the YMCA cafeteria. Speakers were Bill W and other early co-founders. There were 35 in attendance.

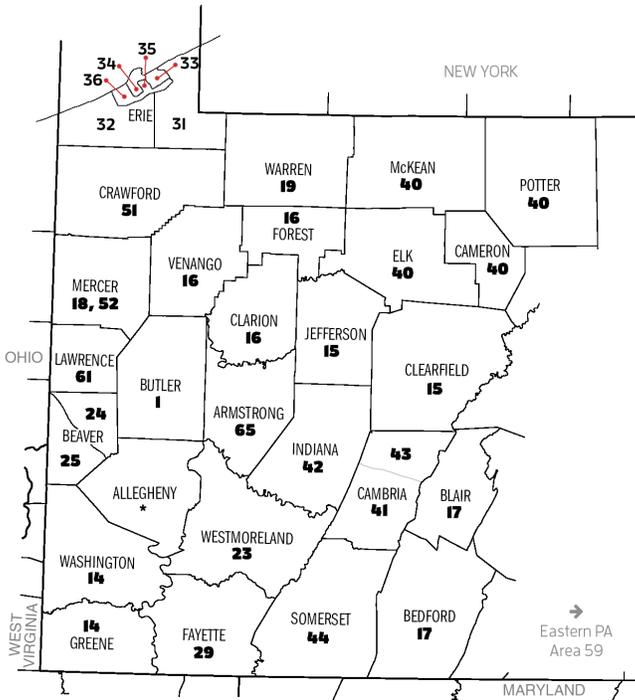




Pre-Conference Assembly Weekend

March 22-23, 2019

An annual service workshop held in the spring to discuss General Service Conference-related Issues and concerns affecting AA as a whole, as well as pertinent aspects of our *Three Legacies* (Recovery, Unity, Service).



* Allegheny County: 2, 3, 4, 5, 6, 7, 8, 10, 11, 12, 20, 21, 22, 27, 28, 70, 71

Area 60 Web Calendar

Our website has an updated online calendar, which lists service events (Pre-Conference Assembly Weekend, the General Service Conference, assemblies, etc.) in **green**; Area 60-sponsored events (quarterly meetings, Days of Sharing, etc.) in **blue**, and other events of interest to AAs (district-level events, recovery community events, etc.) in **red**.

Check it out at:

<https://www.wpaarea60.org/calendar/>



Two Types of Area Meetings

1. **Quarterly Meeting:** Decides area business. DCMs, Area Officers & Coordinators, past Delegates vote.
2. **Area Assembly:** Elects officers, provides pre-Conference group conscience, hears the Delegate's post-Conference report. GSRs, DCMs, Area Officers & Coordinators, past Delegates vote.

Rules of Order at Area 60 Meetings

- Items for consideration are put on the agenda.
- Items are posed to the meeting in the form of a motion.
- All motions require a second.
- Motions can be amended, tabled, or moved to a vote.
- A vote is taken and the results are announced. The minority vote is allowed to voice its opinion.
- If a member of the majority (those who "won") wishes to change his or her vote, a second vote is held on the motion.
- The result of the second vote stands and the meeting moves to the next item for consideration.

What's the Point of Order?

- ◆ To ensure that all voices that wish to be heard are heard.
- ◆ To ensure that no one voice dominates all others.
- ◆ To ensure that everyone gets to speak once before another speaks twice.
- ◆ To ensure that everyone understands the content of the vote.
- ◆ To ensure that it is clear what actions were taken.
- ◆ To ensure a thorough record of the actions taken.

Motions requiring substantial unanimity of the meeting require a two-third majority for approval. In some cases, the minority opinion (the people who "lost" the vote) may be larger than 50% of the vote.

ALL members of the Fellowship are welcome at meetings and assemblies.
GSRs are especially encouraged to attend even when they do not have a vote. **Every GSR is potentially a future DCM.**

2019 Calendar of Events

Unless otherwise noted, Area 60 meetings are held at the Comfort Inn, 699 Rodi Road, Penn Hills, PA

DATE	TIME	EVENT
March 22-23	Fri/Sat	PCAW Weekend
Sunday, Mar 24	8:30 am Registration 9 am Workshop 10:15 am Meeting	Pre-Conference Assembly
Sunday, Apr 7	9 am	Officers/Coordinators Meeting
SATURDAY, May 11	8:30 am Registration 9 am Workshop 10:15 am Meeting	2nd Quarterly Meeting SEASONS BALLROOM
May 19-25	All Week	General Service Conference
Sunday, May 26	9 am	PCAW Wrap-Up
May 31-June 2	All Weekend	NERF Tarrytown, NY
Sunday, June 23	8:30 am Registration 9 am Workshop 10:15 am Meeting	Post-Conference Assembly
Sunday, July 7	9 am	Officers/Coordinators Meeting
Sunday, Aug 18	8:30 am Registration 9 am Workshop 10:15 am Meeting	3rd Quarterly Meeting
Sunday, Sept 15	9 am	Officers/Coordinators Meeting
Sunday, Oct 13	8:30 am Registration 9 am Workshop 10:15 am Meeting	Fall Assembly

WESTERN PENNSYLVANIA AREA 60

ELECTED OFFICERS:

Delegate: Margie S delegate@wpaarea60.org
Alt Delegate: Jody K altdelegate@wpaarea60.org
Chairperson: Jon C chairperson@wpaarea60.org
Alt Chair: Walter G altchairperson@wpaarea60.org
Secretary: Christa F secretary@wpaarea60.org
Treasurer: Becky C treasurer@wpaarea60.org

APPOINTED OFFICERS:

Alt. Treasurer: Jane R treasurer@wpaarea60.org
Archivist: Al C archivist@wpaarea60.org
Registrar: Jon M registrar@wpaarea60.org
Recording Secretary: Lori G recsec@wpaarea60.org
Newsletter Editor: Chad U newsletter@wpaarea60.org
Alt. Newsletter: Amy C newsletter@wpaarea60.org

COORDINATORS:

Archives: Wayne S archives@wpaarea60.org
Alt. Archives: John McC archives@wpaarea60.org
Corrections: Dani M corrections@wpaarea60.org
Alt. Corrections: _____ corrections@wpaarea60.org
CPC/PI: Maresa S pi@wpaarea60.org
Alt. CPC/PI: Ed S pi@wpaarea60.org
Grapevine: _____ grapevine@wpaarea60.org
Alt. Grapevine: _____ grapevine@wpaarea60.org
Literature: _____ literature@wpaarea60.org
Alt. Literature: _____ literature@wpaarea60.org
Treatment/SN: _____ treatment@wpaarea60.org
Alt. Treatment/SN: _____ treatment@wpaarea60.org
Website: Brent E website@wpaarea60.org
Alt. Website: _____ website@wpaarea60.org

AREA 60 WEBSITE

There are many resources on the Area 60 website, including: back issues of the newsletter, flyers for Days of Sharing, the Area 60 calendar, Area 60 Guidelines, pamphlets, service documentation, and more. Direct questions or suggestions to the Website Coordinator at website@wpaarea60.org.

DONATIONS TO AREA 60

Support from groups and individuals is always welcome and appreciated! Make checks payable to:

Area 60 Treasurer
P.O. Box 473
Apollo, PA 15613

See Those _____s Above?

Volunteer and learn about Area service!

Grapevine, Literature, Treatment Coordinators needed!

Alt Coordinators needed!